

# SEPTEMBER 2020 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	Ham-Egg-Cheese Breakfast Bar OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Strawberry Cream Cheese Mini Bagels	Biscuit & Sausage Gravy OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Powdered Sugar Mini Donuts	Breakfast Pizza OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Apple Cinnamon Frudel	Sausage-Egg-Cheese Biscuit Sandwich OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Frosted Chocolate Pop Tart
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>NO SCHOOL LABOR DAY</b>	Ham-Egg-Cheese Breakfast Bar OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Cinnamon Cream Cheese Mini Bagels	Biscuit & Sausage Gravy OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Chocolate Covered Mini Donuts	Breakfast Pizza OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Cherry Frudel	<b>2 HOUR LATE START!</b> Cereal and/or Toast Juice-Fruit-Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Pancakes and Sausage Links OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Chocolate Chocolate Chip Muffin	Ham-Egg-Cheese Breakfast Bar OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Strawberry Cream Cheese Mini Bagels	Biscuit & Sausage Gravy OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Powdered Sugar Mini Donuts	Breakfast Pizza OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Apple Cinnamon Frudel	Sausage-Egg-Cheese Biscuit Sandwich OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Frosted Chocolate Pop Tart
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Pancakes and Sausage Links OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Banana Muffin	Ham-Egg-Cheese Breakfast Bar OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Cinnamon Cream Cheese Mini Bagels	Biscuit & Sausage Gravy OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Chocolate Covered Mini Donuts	Breakfast Pizza OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Cherry Frudel	Sausage-Egg-Cheese Biscuit Sandwich OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Frosted Strawberry Pop Tart
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Pancakes and Sausage Links OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Chocolate Chocolate Chip Muffin	Ham-Egg-Cheese Breakfast Bar OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Strawberry Cream Cheese Mini Bagels	Biscuit & Sausage Gravy OR Cereal and/or Toast Juice-Fruit-Milk  Grab N' Go- Juice-Fruit-Milk Powdered Sugar Mini Donuts		
<b>28</b>	<b>29</b>	<b>30</b>		

**USD #293 is an Equal Opportunity Provider and Employer**

**\*\*\*Menu subject to change without notice\*\*\***

# SEPTEMBER 2020 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	Country Fried Steak with a Roll OR PB&J Bundle OR Egg & Cheese Chef Salad Baked Potato Individually Wrapped Salad Bar Items Fruit and Milk	Chili served with Saltines and Cheese Cinnamon Roll OR PB&J Bundle OR Ham & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit and Milk	Chicken Quesadilla OR PB&J Bundle OR Egg & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit and Milk	Hamburger/Cheeseburger OR PB&J Bundle OR Ham & Cheese Chef Salad Crinkle Cut Fries Individually Wrapped Salad Bar Items Fruit and Milk
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>NO SCHOOL LABOR DAY</b>	Hamburger Gravy and a Biscuit OR PB&J Bundle OR Egg & Cheese Chef Salad Mashed Potatoes Individually Wrapped Salad Bar Items Fruit and Milk	Hamburger Pizza OR PB&J Bundle OR Ham & Cheese Chef Salad Green Beans Individually Wrapped Salad Bar Items Fruit and Milk	Chicken Fajita Meat on a Tortilla Scooby Snacks OR PB&J Bundle OR Egg & Cheese Chef Salad Strawberries & Bananas Individually Wrapped Salad Bar Items Fruit & Milk	Turkey & Cheese Sub OR PB&J Bundle OR Ham & Cheese Chef Salad Nacho Cheese Doritos Individually Wrapped Salad Bar Items Fruit and Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Chicken & Noodles with Saltines Bread Stick OR PB&J Bundle OR Ham & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit and Milk	Tater Tot Casserole with a Roll OR PB&J Bundle OR Egg & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit Milk	Bierock OR PB&J Bundle OR Ham & Cheese Chef Salad Corn Individually Wrapped Salad Bar Items Fruit and Milk	Crispitos served with Cheese Sauce OR PB&J Bundle OR Egg & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit Milk	3-Cheese Calzone OR PB&J Bundle OR Ham & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Sweet & Sour Chicken Nuggets sauce on the side Blended Seasoned Rice OR PB&J Bundle OR Ham & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit & Milk	Chicken Strips OR PB&J Bundle OR Egg & Cheese Chef Salad Au Gratin Potatoes Individually Wrapped Salad Bar Items Fruit and Milk	Lasagna with Texas Garlic Toast OR PB&J Bundle OR Ham & Cheese Chef Salad Green Beans Individually Wrapped Salad Bar Items Fruit and Milk	Walking Taco with Doritos Cinna-Stick OR PB&J Bundle OR Egg & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit and Milk	Chicken Salad on a Tortilla Garden Salsa Sun Chips OR PB&J Bundle OR Ham & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit and Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Stuffed Crust Cheese Pizza Or PB&J Bundle Or Ham & Cheese Chef Salad Green Beans Individually Wrapped Salad Bar Items Fruit and Milk	Beef & Noodles with a Roll OR PB&J Bundle OR Egg & Cheese Chef Salad Individually Wrapped Salad Bar Items Fruit Milk	Weiner Roll Up Or PB&J Bundle Or Ham & Cheese Chef Salad Corn Individually Wrapped Salad Bar Items Fruit and Milk		
<b>28</b>	<b>29</b>	<b>30</b>		

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